

**P710**

**Grace Notes Radio Program**

**THEME: How to pray & what do we pray for**

**SONG: I BELIEVE IN PRAYER**

**IN JESUS' NAME**

**INTRO: Welcome to Grace Notes.**

**Much has been written on the subject of prayer. Perhaps it's because it seems somewhat mysterious. There's no specific method and no guaranteed outcome. Why should we pray, then? Is it just to get what we want, or to change God's mind about something? No...it is to fulfill one of mans' greatest needs – to have fellowship with our Creator.**

**God has much to say about prayer. In fact, He commanded that we pray. It's not for His benefit, it's for ours! We get to see Who's on our side... Who understands...AND Who can help us.**

**On our program today, Barbara Sandbek, will explore the Scripture to see how we can pray more effectively.**

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**My husband recently started a new job that takes him away from home almost twelve hours a day. Previously, he'd been out of work for quite a while. We spent so much time together, we kidded that we were 'connected at the hip'. I have to admit, I really miss him these days. I can't wait to hear how his day went when he gets home. Being a man of few words, I always say, "Tell me everything – all the details." I just want to feel like I was with him when he did what he did. I suppose in a small way, that's how it is with our Heavenly Father. Though He's never away from us, He wants us to choose to include Him in every part of our day – the day He made just for us to live out. After all, if we are a Believer in Jesus, we are both His child, and His bride - we are connected to Him.**

**The apostle Paul understood the 'connected at the hip' idea when he wrote in 1 Thessalonians 5:17 to pray continually, and in Philippians 4:6 to pray in every situation.**

**When my oldest grandson was two he had an imaginary buddy he said was with him all the time. He'd talk to him on the phone and invite him to play. He knew how to have fellowship. God certainly is not an imaginary being, but the same principle applies. We have to make a concerted effort to practice the presence of the Lord.**

**Psalm 16:11 says that in the Presence of God is fullness of joy and at His right hand are pleasures evermore. To experience this, Jeremiah 29:13 states that we must seek Him with all our heart. That's not a casual approach. If we casually desire to be in His presence, His presence will be casually manifested to us.**

**A friend once asked me how to pray. The simplest answer I could give her was to speak to God as you would your best friend. Be open... honest. Begin by thanking Him just for Who He is, then for what He's done. Start with big things, like His marvelous creation, and then take it down to smaller things, like good drinking water. Include the reading of His Word, the Bible, in your prayer. It's His love-letter to you. Take time to listen to Him speak to you.**

**Here are a few verses on HOW Jesus said we are to pray. Matthew 6:6-8 says...**

**We are to pray to our Father, God.**

**When we receive Jesus as our Savior, He becomes our mediator, our High Priest, and our connection to God. We speak directly to Almighty God, understanding that it is only through His Son, Jesus, that we have this privilege. We communicate through the Holy Spirit, Who resides in us, translates our words into a meaningful exchange, and allows us to hear what our Father is saying to us. When we worship God we do so through our own spirit connecting to the Holy Spirit God placed in us.**

**How awesome!**

**We are not to babble. (that's talking idly, excessively, foolishly or irrationally) Chanting fits this description.**

**We are not to pray so others with be impressed.  
If we can't handle the temptation to try to impress people, then we shouldn't pray in public.**

**Matthew 21:20 says we are to pray with faith (believing in God). Honestly, why bother praying if we don't believe God is capable of doing anything? It's a waste of time to pray with doubt.**

**Mark 11:25 says that we are to pray with a clean heart – having our sins confessed, especially any unforgiveness. It's amazing how easily we can be offended.**

**Here's an interesting verse – I Timothy 2:8...**

**...I want the men everywhere to pray, lifting up holy hands without anger or disputing.**

**Holy hands are clean hands as described in Psalm 24:4 and are likened to incense or the evening sacrifice in Psalm 141:2. When we enter into prayer, we are walking on Holy Ground.**

**\*\*\*\*\* WRITER: Daryl Williams**

**\*\*\* IN JESUS NAME \*\*\* LENGTH: 2:58**

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**Walkin' on Holy ground - makin' a joyful sound  
Pullin' strongholds down in Jesus' Name  
<Repeat>**

**VERSE 1**

**I came to the throne of grace - singing in Jesus' Name  
Castin' away my fear and doubt - rising above my pain  
And when I prayed in the Name of the Son  
The victory was already won  
Long before I came - In Jesus' Name**

**CHORUS**

**In Jesus Name...in Jesus' Name**

**When on my knees I call in Jesus' Name  
Demons tremble at the very sound  
When a child of God is on Holy ground  
Pullin' the strongholds down - in Jesus' Name**

**VERSE 2**

**No man comes to the Father - by any other Name  
Not by fame or honor - or any earthly gain  
But if I'm a strong and mighty tower  
He's been my strength in all of my power  
God will make a change - in Jesus' Name  
<<< Repeat Chorus twice>>  
<<< Repeat Intro >>>  
TAG:...In Jesus' Name**

**I read a devotional that took me to the prayer in 1 Kings Chapter 8 that King Solomon prayed after completing the building of the Temple. He was the wisest and wealthiest man in the whole world. What struck me the most was that he kept referring to himself, his father, King David, and all the people he prayed about, as 'your servant'. Verse 28 reads...**

**..give attention to your servant's prayer and his plea for mercy, O Lord, my God. Hear the cry and the prayer that your servant is praying in your presence this day.**

**When's the last time you portrayed yourself this way when you prayed. I know I don't, but I think I will from now on. One of the most admired pastors I knew wrote a book about his life entitled, 'God's little errand boy'. His desire was to 'Go about doing good'. Oh, that we can have that kind of heart for God.**

**We are always to pray according to God's will. If our heart is truly in tune with God, then we will pray that way. But so often, we just utter an obligatory list non-stop, and append it with 'if it be Thy will'. I'm guilty of that, too.**

**The other day, though, I was praying for the Lord to help my voice clear up before I had to sing. I'd been suffering from nasal**

**congestion big time and sounded like a raspy rock singer with little control. How I would have loved to have stayed in bed that day. I told God I was willing to sing impaired and rely totally on Him, as I usually do, but this time I could sense He was saying, "Just tell me what you want". So, I said, "God I just want to enjoy it!" And enjoy it I did. My throat was CLEAR and my voice was good. Afterward, the problem returned, but I learned a valuable lesson - God really wants to give us the desires of our hearts, especially when they can be used for His Glory, BUT we have to ask.**

**I believe in prayer. Try it, you'll like it.**

**\*\*\*\*\* WRITER: His Song**

**\*\*\* I BELIEVE IN PRAYER \*\*\* LENGTH: 4:20**

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### **VERSE 1**

**I have walked in nights that held no hope  
And felt so all alone  
I've seen how much a life can change  
With the ringing of the phone  
But there is still a source of hope  
That you cannot ignore  
Just pick up the broken pieces  
And bring them to the Lord**

### **CHORUS**

**I believe that there's a place to go  
Where we can leave the burdens that we bear  
I believe that we can walk into  
The throne room and be heard by One who cares  
I believe that any time we call  
Upon the name of Jesus He is there  
I believe He truly knows our hearts  
I believe, I believe in prayer**

### **VERSE 2**

**When the world that you're surrounded by  
treats you less than kind**

**And no matter how you search for peace  
Confusion's all you find  
But God knows what we're looking for  
He cares, He loves, He sees  
You can call the power of heaven down  
By getting on your knees**

**Repeat Chorus**

**Sweet hour of prayer - Sweet hour of prayer  
That leads me from - the world of care**

**Repeat Chorus**

**VERSE 3**

**I believe that any time we call  
Upon the name of Jesus He is there  
I believe He truly knows our hearts  
I believe, I believe in prayer  
I believe He truly knows our hearts**

**I believe in prayer – I believe in prayer 2X**

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Until then, let your grace notes be a song of praise!**